

Registered number
10337033

Flexible Fitness Technologies Limited
Unaudited Accounts
for the period
19 August 2016 to 31 August 2017

Flexible Fitness Technologies Limited
Balance Sheet
as at 31 August 2017

	Notes	2017 £
Called up share capital not paid		1,000
Fixed assets		
Tangible assets	3	6,556
Investments	4	12,500
		19,056
Current assets		
Cash at bank and in hand	65,482	
	65,482	
Prepayments and accrued income:	292	
Creditors: amounts falling due within one year	5	(6,319)
Net current assets / (liabilities)		59,455
Total assets less current liabilities		79,511
Total net assets (liabilities)		79,511
Capital and reserves		
Called up share capital	6	1,078
Share premium account		155,922
Profit and loss account		(77,489)
Shareholders' funds		79,511

Flexible Fitness Technologies Limited
Balance Sheet
as at 31 August 2017

These accounts have been prepared and delivered in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The directors have not delivered a copy of the company's Profit and Loss account as permitted by s444(5A) of the Companies Act 2006.

For the year ending 31 August 2017 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Signed on behalf of the board of directors

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Mr A Pattabiraman

Director

Approved by the board on 13 April 2018

Company No: 10337033 (England and Wales)

1. Accounting policies

Basis of preparation of financial statements

These financial statements have been prepared under the historic cost convention in accordance with the accounting policies set out below and with section 1A of FRS 102, the Financial Reporting Standard applicable in the UK and Republic of Ireland, and the Companies Act 2006. The presentation currency is sterling.

Going concern basis

The accounts have been prepared on the assumption that the company is able to carry on business as a going concern for the foreseeable future.

Tangible fixed assets depreciation policy

Tangible fixed assets are stated at cost less accumulated depreciation and impairment losses. Depreciation is provided, after taking account of any grants receivable, at rates calculated to write off the cost of fixed assets, less the estimated residual value, over their estimated useful lives.

Plant & machinery	25% Straight Line
Computer equipment	25% Straight Line

Research and development

Expenditure on research is written off in the year in which it is incurred. Where appropriate, development expenditure is capitalised and amortised over its useful economic life.

2. Employees

	2017
Average number of employees during the period	1

3. Tangible fixed assets

	Plant & machinery	Computer equipment	Total
	£	£	£
Cost or valuation			
Additions	4,971	2,215	7,186
At 31 August 2017	4,971	2,215	7,186
Depreciation			
Charge for the period	399	231	630
At 31 August 2017	399	231	630
Net book value			
At 31 August 2017	4,572	1,984	6,556
At 18 August 2016	0	0	0

4. Investments

	Shares in subsidiary undertakings	Total
	£	£
Carrying amount at 19 August 2016	0	0
Additions	12,500	12,500
Carrying amount at 31 August 2017	12,500	12,500

Group undertakings and participating interests

The company's investments at the balance sheet date in the share capital of companies include the following:

Flexible Fitness Online Private Limited
Principal Activity: Other information technology service activities
Class of share % Holding
Ordinary 99.98

5. Creditors: amounts falling due within one year

	2017
	£
Trade creditors	5,846
Other creditors	473
	6,319

Contained in the other creditors balance is a Directors Loan of £473.38 owed by the company to Mr Anantharaman Pattabiraman.

6. Share capital

	2017
	£
Allotted, called up and fully paid: 107,800 Ordinary shares of £0.01 each	1,078
	1,078

7. Related party disclosures

Controlling party

The controlling parties are Mr Karthik Narayanan and Mr Anantharaman Pattabiraman during the period.

8. Transactions with directors

As at 31 August 2017, Mr Anantharaman Pattabiraman was owed £473.38 by the company.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.